

MENTAL HEALTH
COUNSELLING
& DROP - IN CENTRE

EYO

Egale Youth OUTreach Counselling & Drop-In Centre (EYO) is a project of Egale Canada Human Rights Trust. EYO provides counselling and drop-in supports for **Two Spirit, lesbian, gay, bisexual, transgender, queer, and intersex (2SLGBTQI)** youth under 29 experiencing homelessness and mental health challenges in the Greater Toronto Area.

We offer scheduled and same-day crisis appointments. Counsellors are available for ongoing support as well as crisis counselling during our drop-in hours. We also have **2SLGBTQI** Support Workers to help with practical needs.

OUR COUNSELLORS PROVIDE

- Barrier-free, same-day crisis counselling
- Scheduled ongoing counselling

OUR SUPPORT WORKERS /CASE MANAGERS OFFER

- Housing support
- Case management
- Navigating government services
- Food access
- Health care access
- Filling out forms
- Applying for OW, ODSP
- Employment supports
- Gender transition support

WE ALSO OFFER

- TTC tokens
- Meals
- Snacks
- Groups
- Internet access
- Resources

**290 Shuter St.
Level 1, Toronto,
ON M5A 1W7
1 (844)443-4253
outreach@egale.ca**